## from Yvonne Buonamici

I was introduced to Kay and The Awakening Tribe over 20 years ago by our dear friend, James Thames, now transitioned but certainly not gone.

It's difficult to know what to say, when it's more feelings than words. So much of my life has been shaped by what I have learned from Kay, Jan, and The Peter. And from their love, knowledge, kindness, and lessons.

Kay and Jan freely made themselves available to me, not only for the Peter sessions, but for personal issues, as well.

I was completely shocked when Peter suggested I train with Kay as a voice channel! Never in my wildest dreams would I have thought that would become my path. And even now, after 20 years, I am still learning to open up more, trust more, believe more, and get out of my own way more!

Words are too weak a thing to express the depth of my love and appreciation.